



NORTHOWRAM JUNIOR FOOTBALL CLUB RISK ASSESSMENT

SAFE USE OF FREE STANDING GOAL POSTS

Significant Hazard

- ❖ Goal being pulled over resulting in serious injury or death

Who is affected

- ❖ Junior players
- ❖ Spectators
- ❖ Non playing juniors

Control Measures

- ❖ All goal posts are purchased from recognised suppliers
- ❖ All goal posts are erected and dismantled by authorised adults
- ❖ Two adults must carry each set of goals post
- ❖ Goal posts are checked prior to all matches for defects
- ❖ Any goal post that is found to be defected will be taken out of action with immediate effect
- ❖ Goal posts will be secured to the ground by the means of steel fixings (minimum of two per goal post)
- ❖ Goal posts will never be left unattended
- ❖ No one will be allowed to climb / swing on the goal posts

THE FOLLOWING CHECKS MUST BE CARRIED OUT BY AN ADULT PRIOR TO THE START OF A MATCH / PRACTICE SESSION

- ✓ Exert a downward pressure on the cross bar
- ✓ Exert a backward pressure on both upright posts
- ✓ Exert a forward pressure on both upright posts
- ✓ Assess the stability of the goal posts

**IF ANY OF THE POSTS MOVE, RE- STABILISE AND CARRY OUT THE
CHECKS AGAIN**