



NORTHOWRAM JUNIOR FOOTBALL CLUB

PRE MATCH CHECK SHEET

The following points must be checked prior to the match starting

- ❖ The pitch is free from sharp objects
- ❖ The pitch is free from dog excrement
- ❖ The general condition of the pitch is ok
- ❖ That the line markings are visible
- ❖ That the goal posts are secured and fastened down with at least two securing pegs
- ❖ The goal posts are free from defects
- ❖ The nets are pinned down
- ❖ All players are fit and well
- ❖ Ensure that no player is eating or chewing during a game
- ❖ That jewellery has been removed or taped up
- ❖ All players are wearing shin pads
- ❖ That any person involved with the game has a current CRB card